

## Hey! You! I need your help!





## Nystagmus is ... this Christmas

www.1step2be.com/nystagmusnetwork

Nystagmus Network Charity is conducting a campaign on the 1step2be portal



In the run up to the festive season this year, the Nystagmus Network is letting everyone know how nystagmus affects the many children we support so that more people will understand what nystagmus is.

## How to help in 3 steps





Donate

Pack clothing into any type of bags you already have at home and select the date for them to be collected (we'll recycle or reuse all plastic)



**Enjoy** 

With one click you can be sure, that you will benefit selected charity and also help in reducing the 1 billion plastic charity bags that pollute the environment



